



INTERESTED IN DEVELOPING YOUR CREATIVE SKILLS, OR IN STARTING SOMETHING NEW?

Come to Cambridge Community Arts, a safe space where you can:

- Express yourself creatively
- Learn and be inspired
- Grow in confidence

We welcome people with experience of mental ill-health. FREE courses for adults 19+ Priority is given to those with health conditions.



2019 SHORT COURSES

Creative Bookbinding

Tutor: Helen Perry

Whatever kind of artist you are, learn traditional book binding techniques to make contemporary and traditional style books to create your own journals, sketchbooks or photo albums.

Wednesdays 12-3pm, 16 January – 13 March 2019

Buchan St Neighbourhood Centre, Cambridge, CB4 2XF

Singing and Song-writing

Tutor: Megan Day

Join singer / song-writer Meg for "Well Sound", a fun and friendly short course in singing, song-writing & sound making for wellbeing. Surprise yourself with the songs you might find inside.

Tuesdays 1.30-4.30pm, 29 January – 26 March 2019

Ross St Community Centre, Cambridge, CB1 3UZ

Creative Writing

Tutor: Jen Morgan

Want to get creative with words but don't know where to start? Have an idea for a story poem but not sure what to do next? This course is for anyone who wants to open up their imagination and put pen to paper.

Fridays 1-3pm, 8 February – 5 April 2019

Arbury Community Centre, Campkin Rd, CB4 2LD

Environmental Art

Tutor: Jane Thewlis

Take a step into the world of Environmental Art and discover a world of unconventional art materials on your doorstep. Experiment with ways to join these natural materials together to create small scale sculptures.

Tuesdays 10.30am – 1.30pm, 7 May – 2 July 2019

Arbury Community Centre, Campkin Rd, CB4 2LD

Creative Digital Art

Tutor: Matt Magnus

Digital art at your finger-tips. Using iPads, explore your creativity and local area and develop new digital skills.

Wednesdays 1 - 4pm, 15 May - 10 July 2019

Buchan St Neighbourhood Centre, Cambridge, CB4 2XF