



The SUN Network Cambridgeshire and Peterborough Community Interest Company

AGM

The Maple Centre, 6 Oak Drive, Huntingdon, Cambs, PE29 7HN

Executive Director's Annual Report 2019/2020

The SUN Network have just celebrated our first year as a C.I.C and have worked really hard to ensure that the Mental Health and Drug and Alcohol service users across Cambridgeshire and Peterborough have been able to have their say and share their valuable experiences along with being offered meaningful involvement opportunities.

Some Highlights

We have achieved some fantastic work over the past 15 months to include:

- Over 500 people sharing their experiences of Mental Health of Drug and Alcohol services with us
- Achieved recognition from The Health Service Journal for our Co-production work
- Achieved recognition from Working Well together; Evidence and tools to enable co-production in mental health commissioning for best practice example of Co-production
- Influencing services such as PRISM, Crisis Care, Recovery Coaches, Early Intervention to Psychosis, CPSL Mind, Cambridgeshire County Council, The Clinical Commissioning Group and CGL with service user feedback
- Facilitated Co-production work for services such as CPFT and training opportunities
- Offering numerous opportunities for meaningful and purposeful service user involvement such as the Five Values reports, attending strategic meetings, Workshops, Retenders, Blogs, Training and Co-production opportunities
- Partnership working with other services such as Healthwatch, Rethink Carers, Lifecraft and CGL
- Managing the adult Keep Your Head website, which provides full and accurate information about local mental health services to all
- Promoting meaningful engagement for other services such as research, patient participation groups and story sharing

Focus Moving Forward

We intend to speak to even more people about their experiences of services and this includes ongoing evaluation of services such as Recovery Coaches, Primary Care Mental Health, and CGL the main Drug and Alcohol support provider. We also intend to take a proactive approach, and this will be led by what we are hearing.



We are currently evaluating the Locality Teams and are also recruiting for our Winding Road project where we will interview around 30 people three times over a 12 month period to see how their mental wellbeing is and whether they are receiving the help needed at a time when it is needed. You can read more about the Winding Road project on our website www.sunnetwork.org.uk or you can contact us on Facebook, Twitter or by text/phone or email. Lois.sidney@sunnetwork.org.uk 07712 358172

We are currently putting together a marketing plan around other priorities such as Perinatal care, Dual Diagnosis, Eating Disorders, Personality Disorders, BME communities, and the gaps between services (Primary, Secondary and Third Sector)

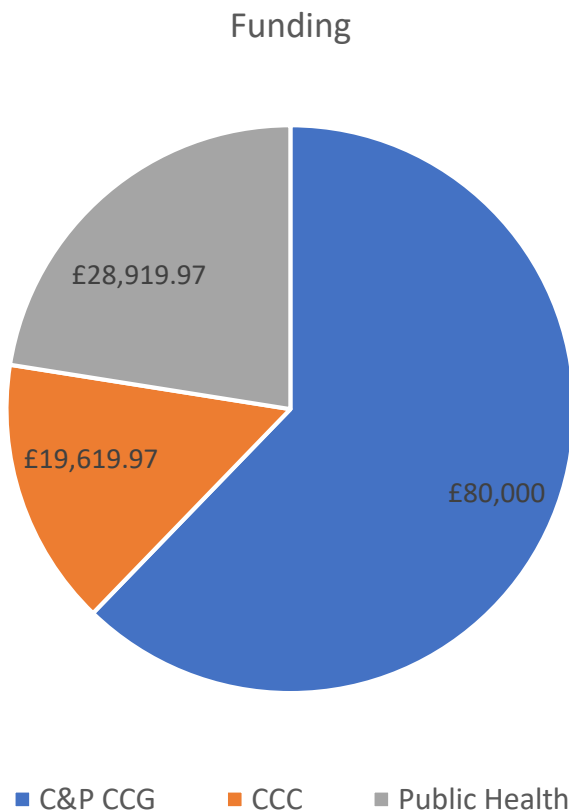
Social Media

We currently have over 1500 people following our social media and have had 7,000 visits to our webpage.

Finances:

We are funded by Cambridgeshire and Peterborough Clinical Commissioning Group, Cambridgeshire County Council (Mental Health) and Cambridgeshire County Council (Public Health).

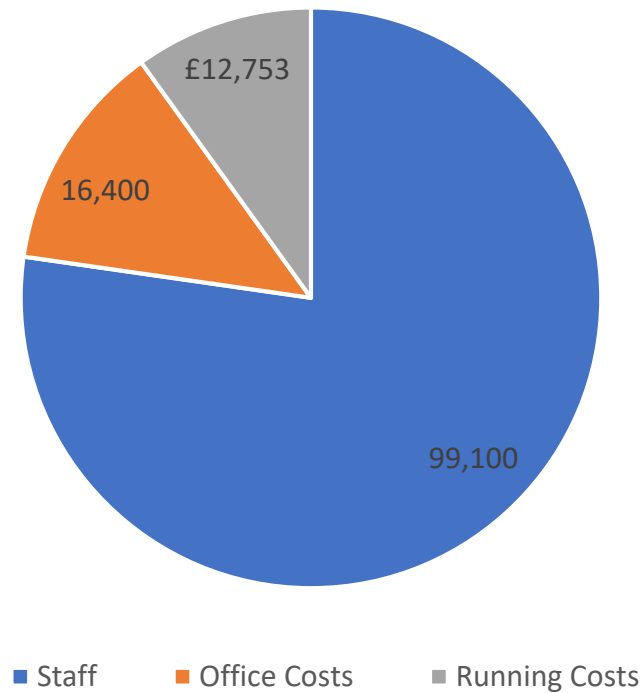
We received £128,611.24 in 2018/19.





Our outgoings are as follows:

Costs



A big thank you to everyone who has shared their experiences of Mental Health or Drug and Alcohol services with us. Your feedback really does make a difference to how services are delivered.

I would like to extend my appreciation as the Executive Director to the wonderful team of staff and directors here at The SUN Network who are very passionate about Mental Health and Addiction and are committed to ensuring that people feel able to have a say and be involved in the shaping and future of services.

Lastly and by no means least, I would like to thank our commissioners and stakeholders for their support over the last year.

Lois Sidney

Executive Director