

## **LEADING FOR CHANGE summary**

### **Leadership training for Patient and Public Representatives (4 days)**

#### **Dates**

Day 1 - Wed October 16th, 2019

Day 2 - Wed October 30th, 2019

Day 3 - Wed November 13th, 2019

Day 4 - Wed December 11th, 2019

#### **Venue /Location**

**Copley Business Park Cambridge Road, Babraham, Cambridge CB22 3GN**

<http://www.copleyhill.co.uk>

#### **Cost**

Places on this course cost £730.00 but are fully subsidised, so will be **free** to suitable delegates. Travel expenses will be paid for delegates upon request

#### **About the training programme**

This programme is open to Citizen Senate members and non-members alike and has been designed to support public and patient representatives across the East of England to hone their leadership skills gain confidence and understanding in their role as system influencers and leaders.

The course will be delivered by the Kings Fund and the content will seek to build on and strengthen the participants' existing skills, knowledge base and experiences. A key learning outcome for the work is to support participants to become even more effective influencers and partners in the strategic and operational change processes that underpin the new emerging health and care system. A focus of the programme is to provide participants with the skills and confidence to work in partnership with the diversity of people and process across the system.

This work relies upon establishing and sustaining relational leadership capabilities and competences and means the role is more than being an advocate, advisor or expert, it includes the ability to build relationships that support people to inquire into their own and other peoples thinking and decision making.

A key component of the training is the use of a model of learning based on participants engaging in taking action away from the training 'classroom'. In this way, participants will systematically capture their learning by reflecting on the lessons and insights gained from their experiences with their colleagues. Therefore, it is vital that participants are able to commit to attending all the dates associated with the training.

## Training Schedule

**Day 1** - Wed October 16th 2019, 10 am - 4.30 pm (Registration 9.30 am)

*Understanding your local healthcare system & your role in influencing and leading change*

**Day 2** - Wed October 30th 2019, 10 am - 4.30 pm

*Continuing to develop your capacity and capability to lead change*

**Day 3** - Wed November 13th 2019, 10 am - 4 pm

*Reframing resistance and planning for your future role*

**Day 4** - Wed December 11th, 10 am - 4 pm

*Stakeholder Mapping and Intervention*

## Learning Outcomes

The programme seeks to support patient and citizen leaders to:

- update existing and develop new skills to engage with health professionals at the top two levels of the Participation Ladder.
- ensure members can influence decisions on service change, initially in STPs and CCGs, but wider in the long term.

Delegates will be supported to understand:

- Context - input on their local healthcare system and their expected role
- The opportunity for them to clarify and define what it means to be in their role
- Benchmark their strengths and development areas
- An introduction to the core skills and practices of a leader of change
- The chance to practice these skills in the afternoon of each day - and to model and pay attention to what it means to be a 'reflective practitioner' and leader of change
- To identify barriers to being successful in their role both individually and as a collective and a strategy and plan of action to manage these barriers going forward.

**To apply for a free place on this programme please contact the chair of the Citizen Senate Trevor Fernandes on [citizens.senate@eahsn.org](mailto:citizens.senate@eahsn.org) or by telephone 07847 344753. Please note you must be available to attend all four days of the course. Travel expenses will be paid for delegates upon request.**