



SCAN ME

click on "Schedule"



Spring Term (January - March 2024)



Believe in children
Barnardo's

All groups for 0 – 5 years (apart from Baby Time, Birth - Walking PEEP and Antenatal PEEP).

East Child & Family Centre

21 Durham Road, Eastfield.
PE1 5JU

T: 01733 894028

E: peterboroughadminteam@barnardos.org.uk

Facebook: @CentralandEastCFCs

Open: Monday - Thursday 9am - 5pm
& Friday 9am - 4.30pm

Monday
Baby Time
Drop-in
10am - 11am

Friday
Stay & Play
Drop-in
10am - 11:15am

Gladstone Child & Family Zone

Gladstone Street, Peterborough. PE1 2BX

c/o Honeyhill C&FC & Family Hub

T: 01733 574038

Email: As above

Facebook: As above

Open: See session times

Wednesday
Stay & Play
Drop-in
1:30pm - 2:30pm
Term time only

East Child & Family Centre
Healthy Child Self-Weigh (drop-in)
For babies aged from 6 weeks to 5 years
Monday: 11am - 3pm

If you are unable to attend during this time, please contact the Centre to arrange an appointment.

Fulbridge Child & Family Zone

Keeton Road, Peterborough. PE1 3JQ

c/o East Child & Family Centre

T: 01733 894 028

E: peterboroughadminteam@barnardos.org.uk

Facebook: @CentralandEastCFCs

Open: See session times

Tuesday
Stay & Play
Drop-in
1:15pm - 2.30pm
Term time only

Baby Time
Drop-in
10am - 11am
Term time only

Thursday
Sensory Learners
Booking Only
1pm - 2pm
Term time only

BOOKING ONLY for COURSES. Due to limited spaces please book a place via Bookwhen.

You can telephone the Children's Centre and speak with our Centre Administrator or book online at:
<https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire> Please let us know if you cannot attend.



See over
for ZOOM
groups



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Spring Term (January - March 2024) First Steps Child & Family Centre & Family Hub



Believe in children

Barnardo's

Address: 20 Scaford Drive, Welland, Peterborough. PE1 4TR Tel: 01733 295860

E: peterboroughadminteam@barnardos.org.uk

Facebook: @CentralandEastCFCs

Open: Monday-Thursday 9am - 5pm & Friday 9am - 4.30pm



Monday

Baby Clinic

(appointments only)

9am - 5pm

Baby Time

Drop-in

1pm - 2pm

Baby Massage

Please book via Bookwhen

15.01.24 - 12.02.24

1:30pm-2:30pm



Tuesday

Toddler PEEP

Please book via Bookwhen

09.01.24 - 23.02.24

16.04.24 - 09.07.24

10am - 11am

Term time only

SEND Support Group

On the 1st Tuesday of each month

1pm - 2pm

Term time only

Introducing Family Foods

Please book via bookwhen

On the 3rd Tuesday of each month

1pm - 2pm



Wednesday

0 - Walking PEEP

Please book via Bookwhen

10.01.24 - 24.02.24

17.04.24 - 10.07.24

1.30pm - 2.30pm

Term time only

Young Parents

Drop-in

10am - 11:30am

Connecting Muslim Mums

Mind CPSL Bookings only:

Cambridgeshire, Peterborough and South Lincolnshire 0300 303 4363

perinatal-services@cpslmind.org.uk

07.02.24 - 20.03.24

10am - 12pm



Thursday

Stay & Play

Drop-in

10am - 11.15am

Connecting Mums

Mind CPSL Bookings only:
Cambridgeshire, Peterborough and South Lincolnshire 0300 303 4363

perinatal-services@cpslmind.org.uk

25.01.24 - 07.03.24

10am - 12pm

Friday

Tots Talking

12.01.24 - 16.02.22

1:30pm - 2:30pm

Healthy Child Self-Weigh

(drop-in)

For babies aged 6 weeks+

Monday - Friday

9am - 3pm



Look out on Bookwhen for the online Zoom sessions:

Chatter Matters: Mondays

15.01.2024 - 12.02.2024

22.04.2024 - 20.05.2024

03.06.2024 - 08.07.2024

1pm - 2pm

YP Ante-natal Tuesdays

1pm - 2pm

Five to Thrive Thursdays

18.01.2024 - 15.02.2024

06.06.2024 - 11.07.2024

1pm - 2pm

Sing & Sign Fridays

11:15am - 11:45am



Buttercup Cafe

Every Wednesday
12pm - 2pm

Last orders at 1:30pm

BOOKING ONLY for COURSES.

Due to limited spaces please book a place via Bookwhen.

You can telephone the Children's Centre and speak with our Centre Administrator or book online at: <https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire>

Please let us know if you cannot attend.



click on "Schedule"



Spring Term (January - March 2024)

Whittlesey Child & Family Zone

Address: 25 Scaldgate, Whittlesey. PE7 1SD T: 01733 391 652

c/o Orton CFC & Family Hub

E: peterboroughadminteam@barnardos.org.uk



Believe in children
 Barnardo's

 Facebook: @SouthFenlandCandFCs

Open: See session times below

P.T.O. for Orton C & FC

Monday @ WCFZ

Chill & Chat

Infant Feeding Support Group

No booking required

9:45am - 10:30am
(0 - Walking)

10:30am - 11:30am
(0 - Pre-school)

Introducing Family Foods

Please book via bookwhen

On the 1st Monday of each month
10am - 11am



Tuesday @

Whittlesey Library
Market Street,
PE7 1BA

Baby Time

Drop-in

1pm - 2pm



Tuesday @ WCFZ

SEND Support Group

On the 4th Tuesday of each month

1pm - 2pm

Term Time Only



Wednesday @

Whittlesey Library
Market Street, PE7 1BA

Healthy Child Self-Weigh

No appointment necessary

For babies aged
6 weeks+ up to 5 years

Monday - 9am - 5pm

Tuesday - 9am - 1pm

Wednesday - 9am - 12pm

Thursday - **Closed**

Friday - 9am - 5pm

Saturday - 9am - 1pm

Sunday - **Closed**



Wednesday @

Whittlesey Library
Market Street, PE7 1BA

Sing & Sign

Drop-in

1pm - 2pm



Friday @ WCFZ

Stay & Play

Please book via bookwhen

10am - 11:15am



Booking for Courses ONLY. Due to limited spaces please book a place via Bookwhen.

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Please let us know if you cannot attend.

All groups for 0 - 5 years
(apart from Baby Time,
Birth - Walking PEEP &
Antenatal PEEP) .



Look out on
Bookwhen for the
online Zoom sessions:

Chatter Matters:

Mondays

15.01.2024 - 12.02.2024
22.04.2024 - 20.05.2024
03.06.2024 - 08.07.2024

1pm - 2pm

YP Ante-natal Tuesdays

1pm - 2pm

Five to Thrive Thursdays

18.01.2024 - 15.02.2024
06.06.2024 - 11.07.2024

1pm - 2pm

Sing & Sign Fridays

11:15am - 11:45am





SCAN ME

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Spring Term (January - March 2024)

March Child & Family Centre

Address: Cavalry Drive, March, PE15 9EQ T: 01354 650024

E: southfenlandadminteam@barnardos.org.uk Facebook: [@SouthFenlandCandFCs](https://www.facebook.com/SouthFenlandCandFCs)

Open: Monday - Friday 9am - 4.30pm



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Barnardo's

Updated: October 2023

P.T.O. for Chatteris C & FC



Look out on Bookwhen for the online Zoom sessions:

Chatter Matters: Mondays

15.01.2024 - 12.02.2024
22.04.2024 - 20.05.2024
03.06.2024 - 08.07.2024
1pm - 2pm

YP Ante-natal Tuesdays

1pm - 2pm

Five to Thrive Thursdays

18.01.2024 - 15.02.2024
06.06.2024 - 11.07.2024
1pm - 2pm

Sing & Sign Fridays

11:15am - 11:45am



Monday

Intergenerational Play Group

Jubilee Court Residential Home,
Elwyn Road, March.
PE15 9BH

On the 4th Monday of each month
10am - 11am
(Term Time Only)

Introducing Family Foods

On the 2nd Monday of each month
10am - 11am

0 - Walking PEEP

10 week course
08.01.24 - 25.03.24
1pm - 2pm
Term Time Only

Tuesday

Stay and Play

10am - 11.15am

SEND Support Group

On the 3rd Tuesday of each month
1pm - 2pm
(Term Time Only)

Wednesday

Chill & Chat

Infant Feeding Support Group
No booking required
11:15am - 12:45pm

Friday

Baby Time

10am - 11am

Baby Massage

19.01.24 - 16.02.24
1pm - 2pm

Young Parents Group

1:30pm - 2:30pm

Healthy Child Self-Weigh

No appointment necessary
For children aged 6 weeks to 5 years.

Tuesdays: 1pm - 3pm

Thursdays: 1pm - 3pm



Midwife

(appointments only)
Monday - Friday
9am - 5pm
Tel: 01354 644366



Health Visitors - Well Baby Clinic

(appointments only)
Mondays
12:30pm - 4pm
Tel: 0300 029 50 50



Speech & Language Therapy

(online only)
Tel: 0300 555 5965



Due to limited spaces please book a place via Bookwhen.

If you need assistance you can telephone the Children's Centre and speak with our Centre Administrator who will be happy to help or book online at: <https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire>

Please let us know if you cannot attend.





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Spring Term (January - March 2024)

Honeyhill Child & Family Centre & Family Hub



Believe in children
 Barnardo's

Address: 150 Chadburn, Paston, Peterborough, PE4 7DH (SAT NAV: Honeyhill, PE4 7DR)

E: peterboroughadminteam@barnardos.org.uk



Facebook: @HoneyhillCFC

T: 01733 574038

Open: Monday - Thursday 9am - 5pm & Friday 9am - 4.30pm

Please see over.

Monday

0 - Walking PEEP

Please book via Bookwhen

10-week course

08.01.24 - 22.03.24

15.04.24 - 08.07.24

1pm - 2:15pm

Term time only



Parent's United

Drop-in

11am - 1pm



Infant Massage Course

Please book via Bookwhen

15.04.24 - 13.05.24

1:30pm - 2:30pm



Tuesday

Young Parents Group

Drop-in

10am - 11:30am

Journey into Parenthood (Young Parent Antenatal)

Referral Only

23.01.24 - 20.02.24

1pm - 2:30pm



Tuesday

South Bretton Family & Community Centre

PE3 9XZ

Tel: Honeyhill C & FC

Song, Rhyme & Story Time

Drop-in

11am - 12pm



Tuesday

Westraven Community Café (PE3 7JA)

Song, Rhyme & Story Time

Drop-in

9:30am - 10:15am



Tuesday

Honey Pot Café

11:30am - 2pm

Last orders at 1:30pm



Look out on Bookwhen for the online Zoom sessions:

Chatter Matters:

Mondays

15.01.2024 - 12.02.2024

22.04.2024 - 20.05.2024

03.06.2024 - 08.07.2024

1pm - 2pm

YP Ante-natal

Tuesdays

1pm - 2pm

Five to Thrive

Thursdays

18.01.2024 - 15.02.2024

06.06.2024 - 11.07.2024

1pm - 2pm

Sing & Sign

Fridays

11:15am - 11:45am



BOOKING ONLY for COURSES. Due to limited spaces please book a place via Bookwhen.

You can telephone the Centre on 01733 574038 and speak with our Centre Administrator or book online at: <https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire> Please let us know if you cannot attend.





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All groups for 0 – 5 years (apart from Baby Time, Birth - Walking PEEP and Antenatal PEEP).

East Child & Family Centre

21 Durham Road, Eastfield.
PE1 5JU

T: 01733 894028

E: peterboroughadminteam@barnardos.org.uk

Facebook: @CentralandEastCFCs

Open: Monday - Thursday 9am - 5pm
& Friday 9am - 4.30pm

Monday
Baby Time
Drop-in
10am - 11am

Friday
Stay & Play
Drop-in
10am - 11:15am

Gladstone Child & Family Zone

Gladstone Street, Peterborough. PE1 2BX

c/o Honeyhill C&FC & Family Hub

T: 01733 574038

Email: As above

Facebook: As above

Open: See session times

Wednesday
Stay & Play
Drop-in
1:30pm - 2:30pm
Term time only

East Child & Family Centre
Healthy Child Self-Weigh (drop-in)
For babies aged from 6 weeks to 5 years
Monday: 11am - 3pm

If you are unable to attend during this time, please contact the Centre to arrange an appointment.

Fulbridge Child & Family Zone

Keeton Road, Peterborough. PE1 3JQ

c/o East Child & Family Centre

T: 01733 894 028

E: peterboroughadminteam@barnardos.org.uk

Facebook: @CentralandEastCFCs

Open: See session times

Tuesday
Stay & Play
Drop-in
1:15pm - 2.30pm
Term time only

Baby Time
Drop-in
10am - 11am
Term time only

Thursday
Sensory Learners
Booking Only
1pm - 2pm
Term time only

BOOKING ONLY for COURSES.

Due to limited spaces please book a place via Bookwhen.

You can telephone the Children's Centre and speak with our Centre Administrator or book online at:
<https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire>

Please let us know if you cannot attend.



See over for ZOOM groups



Spring Term (January - March 2024)

Honeyhill Child & Family Centre & Family Hub

Address: 150 Chadburn, Paston, Peterborough, PE4 7DH (SAT NAV: Honeyhill, PE4 7DR)

E: peterboroughadminteam@barnardos.org.uk

Facebook: @HoneyhillCFC

T: 01733 574038

Open: Monday - Thursday 9am - 5pm & Friday 9am - 4.30pm



Believe in
children
Barnardo's



Wednesday

Stay & Play

Drop-in

10am - 11.15am

Thursday

Baby Time

Drop-in

10am - 11am

Toddler PEEP

Please book via Bookwhen

11.01.24 - 28.03.24

18.04.24 - 11.07.24

1pm - 2:15pm

Term time only

Friday

Driving Healthy Lifestyles

Please book via Bookwhen

5-week course

19.01.24 - 16.02.24

1:30pm - 2:30pm



Midwife

(appointments only)

Monday - Friday:

9am - 5pm

Tel: 01733 677266



Healthy Child Self-Weigh

(drop-in)



For children aged 6-weeks+ up to 5 years.

Monday - Friday

9:30am - 3:30pm

If you are unable to attend during this time, please contact the Centre to arrange an appointment.

Portage

(appointments only)

Thursdays: 9am - 4pm

T: 01733 864720

Health Visitors - Child Health Clinic

(appointments only)

Wednesdays:

9am - 3.30pm

Tel: 0300 029 50 50



Speech & Language Therapy

(online only)

Tel: 0300 555 5965



BOOKING ONLY for COURSES. Due to limited spaces please book a place via Bookwhen.

You can telephone the Centre on 01733 574038 and speak with our Centre Administrator or book online at:
<https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire> **Please let us know if you cannot attend.**



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Spring Term (January - March 2024)

Orton Child & Family Centre & Family Hub

Address: 74 Herlington, Orton Malborne, Peterborough, PE2 5PW Tel: 01733 391 652

E: peterboroughadminteam@barnardos.org.uk

Facebook: @OrtonCFC



Believe in children
Barnardo's

Open: Monday-Thursday 9am - 5pm & Friday 9am - 4.30pm

P.T.O. for Whittlesey C & FZ

NHS

Healthy Child Self-Weigh
No appointment needed

Wednesday's: 12pm - 3pm
Friday's: 11am - 1pm

For babies aged 6 weeks+ up to 5 years.

If you are unable to attend during this time, please contact the Centre to arrange an appointment.

Booking for Courses ONLY.

Due to limited spaces please book a place via Bookwhen.

You can telephone the Centre and speak with our Centre Administrator or book online at:
<https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire>

Please let us know if you cannot attend.

Monday
Stay and Play
Drop-in
 10am - 11.15am

0 - Walking PEEP
Please book via Bookwhen
 10 week course
 08.01.24 - 22.03.24
 15.04.24 - 08.07.24
 10am - 11:15am
Term Time Only

Baby Massage
Please book via Bookwhen
 26.02.24 - 25.03.24
 1:30pm - 2:30pm

Tuesday
Sing & Sign
On the 2nd Tuesday of each month
 1pm - 2pm

Introducing Family Foods
Please book via bookwhen
On the 4th Tuesday of each month
 1pm - 2pm

Thursday
Young Parent Group
Drop-in
 1pm - 2:30pm

Wednesday
Toddler PEEP
Please book via Bookwhen
 10 week course
 10.01.24 - 24.02.24
 17.04.24 - 10.07.24
 10am - 11:15am
Term Time Only

Mighty Milestones
Please book via bookwhen
 17.01.24 - 14.02.24
 1:15pm - 2:15pm

zoom
 Look out on **Bookwhen** for the online Zoom sessions:

Chatter Matters: Mondays
 15.01.2024 - 12.02.2024
 22.04.2024 - 20.05.2024
 03.06.2024 - 08.07.2024
 1pm - 2pm

YP Ante-natal Tuesdays
 1pm - 2pm

Thursday
Hampton Library
Clayburn Road, PE7 8HJ

Sing & Sign
Every other Thursday starting 18.1.24
Drop-in
 1pm - 2pm
Term Time Only

Thursday
The Goldhay Centre,
105 Paynels, PE2 5QP

SEND Support Group
Every other Thursday starting 11.1.24
Drop-in
 1pm - 2pm
Term Time Only

Friday
Baby Time
Drop-in
 10am - 11am

Tots Talking
Please book via bookwhen
 19.04.24 - 24.05.24
 1:30pm - 2:30pm

Five to Thrive Thursdays
 18.01.2024 - 15.02.2024
 06.06.2024 - 11.07.2024
 1pm - 2pm

Sing & Sign Fridays
 11:15am - 11:45am

All groups for 0 - 5 years (apart from Baby Time & PEEP Sessions).



SCAN ME

click on "Schedule"



Spring Term (January - March 2024)

Chatteris Child & Family Centre

Address: Larham Way, Chatteris. PE16 6PH T: 01354 696989

E: southfenlandadminteam@barnardos.org.uk Facebook: [@SouthFenlandCandFCs](https://www.facebook.com/SouthFenlandCandFCs)

Open: Monday - Thursday 9am - 5pm Friday 9am - 3.45pm



Believe in children
Barnardo's

Updated: July 2023

P.T.O. for March C & FC

Monday

Baby Time
10am - 11am



Intergenerational Play Group

The Gables Residential Home,
1 East Park Street,
Chatteris. PE16 6LA

On the 3rd Monday of each month.

10am - 11am
(Term Time Only)

Tuesday

0 - Walking PEEP
10 week course
09.01.24 - 25.03.24
10am - 11am



Bookings only:
0300 303 4363

perinatal-services@cpslmind.org.uk

10 week course
16.01.24 - 19.03.24
12:30pm - 2:30pm

Mums Matter

Wednesday

Sing & Sign
10am - 11am

Thursday

Stay and Play
10am - 11.15am



Friday

Baby Massage
26.04.24 - 24.05.24
1pm - 2pm



Midwife

(appointments only)
Tuesday & Thursday:
9am-1pm
Tel: 01354 644366



Health Visitors: Well Baby Clinic

(appointments only)
Wednesday & Thursday
9am - 3pm
Tel: 0300 029 50 50



Healthy Child Self-Weigh

Monday: 11am - 2:30pm
Thursday: 1pm - 3pm



Look out on Bookwhen for the online Zoom sessions:

Chatter Matters: Mondays

15.01.2024 - 12.02.2024
22.04.2024 - 20.05.2024
03.06.2024 - 08.07.2024

1pm - 2pm

YP Ante-natal Tuesdays

1pm - 2pm

Five to Thrive Thursdays

18.01.2024 - 15.02.2024
06.06.2024 - 11.07.2024

1pm - 2pm

Sing & Sign Fridays

11:15am - 11:45am

All groups for 0 - 5 years (apart from Baby Time, which is for Pre-Walkers only).



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<https://bookwhen.com/barnardo-sc-fcp-borough-cambridgeshire>

Please let us know if you cannot attend.

